

Niagara County Tie-Dye Cloth Mask Family Fun Activity



Public Health

Prevent. Promote. Protect.

Niagara County Department of Health



SPIRAL/SWIRL PATTERN

First, dampen fabric

Pinch fabric and twist where you want your center to be

Secure with rubber bands, creating 6 wedge shapes

Apply dye in the rubber banded sections in desired order

Store in ziplock bag for 6hrs or overnight

Lastly, cut rubber bands and rinse until water is clear



BULLSEYE PATTERN

First, dampen fabric

Pinch and pull fabric where you want your center

Secure at regular intervals with rubber bands

Apply dye in rubber banded sections in desired order

Store in ziplock bag for 6hrs or overnight

Lastly, cut rubber bands and rinse until water is clear



STRIPED PATTERN

First, dampen fabric

Fold fabric like an accordion

Secure at regular intervals with rubber bands

Apply dye in rubber banded sections in desired order

Store in ziplock bag for 6hrs or overnight

Lastly, cut rubber bands and rinse until water is clear



Tie-Dye With Things From Home

You will need:

Paint Brush, Plastic Cup,
Large Bowl, Sandwich Bag
Rubber Bands, White Vinegar,
Salt, Gel Food Coloring

How To:

- Mix 1/2C white vinegar & 1/2C water
- Place white mask in vinegar & water solution for 1hr
- Wring out the mask & get started while damp
- Swirl, fold or crumple mask & rubberband to hold together
- Mix 8 drops of food coloring with 1/2C water
- Use paint brush to apply color (guided by banded sections)
- Put mask in ziplock bag for 8hrs
- Remove from bag & cut off rubber bands
- Mix 1/2C salt & 1/2C water
- Submerge mask in salt water solution then rinse under tap water until clear
- Hang to dry



How to Safely Wear and Take Off a Mask

Accessible: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/why-debts-face-coverings.html>

WEAR YOUR MASK CORRECTLY

- Wash your hands before putting on your mask
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2



USE A MASK TO HELP PROTECT OTHERS

- Wear a mask to help protect others in case you're infected but don't have symptoms
- Keep the mask on your face the entire time you're in public
- Don't put the mask around your neck or up on your forehead
- Don't touch the mask, and, if you do, clean your hands



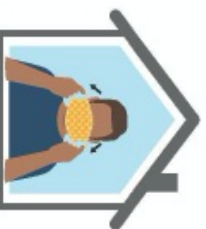
FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available



TAKE OFF YOUR MASK CAREFULLY, WHEN YOU'RE HOME

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place mask in the washing machine
- Wash your hands with soap and water



**Follow us on Facebook and post a picture of you
#SchoolMaskBeady wearing your tie-dye cloth
mask in the comments section of our post:**



<https://www.facebook.com/NiagaraCountyEmergencyServices/>